

## Learning and Culture Overview & Scrutiny Committee

### JSNA Recommendations

Following the presentation of the 2010 JSNA to the Health Overview and Scrutiny Committee in January 2011 it was agreed that key recommendations would be highlighted to other relevant OSCs for consideration. The following summarises the recommendations that may relate to learning and culture:

#### Demography

- Plan at individual service level to explicitly include likely changes to the affected population to ensure that services are robust and sustainable.
- Commissioning plans should ensure that prevention, treatment and support services are accessible to all, regardless of ethnic background.
- All health and social care agencies should review their data collection and service processes as they relate to ethnic minority groups to ensure they can meet the needs of the increasingly diverse population.

#### Social and Environmental Context

- Work across all partners in the city to implement the Inclusive York's One City Strategy which aims to increase participation, engagement, cohesion, fairness and inclusion.
- Use the lessons from successful work to target areas of higher deprivation such as the Kingsway project to reduce inequalities within the city.
- Continue to encourage uptake of free school meals and support healthy schools schemes within those schools with the highest proportion of those eligible.
- Target all areas of high deprivation as identified by the developing Child Poverty Strategy, to ensure the right services are targeted in the worse areas of deprivation within York
- Build on York's role as a regional champion for homelessness to continue to develop services to support individuals and families into long term accommodation.
- Provide more specialist accommodation for young people linked to help with training and employment, and seek to provide more dedicated accommodation for teenage parents.
- Further reduce the number of young people not in education, employment, or training.
- Focus additional, targeted support on vulnerable children and young people; ensuring high aspirations and expectations are part of the culture and ethos of schools; increasing further the numbers attending targeted Parenting Programmes
- Concentrate our support for schools and for children on the few areas where performance is as not as strong as we could wish.

## **Lifestyle and Risk Factors**

- Design stop smoking services to be easy to use by those who are most vulnerable, including pregnant smokers and those in routine and manual occupation groups.
- Use the Be A Star campaign to promote breastfeeding to those least likely to start, particularly younger mums.
- Develop programmes in the Children's Centres to include breastfeeding support, weekly under 1 drop-ins and healthy eating sessions.
- Promote physical activity through a variety of opportunities including the Just30 Good News Campaign.
- Develop opportunities to link health and physical activity services through Active York.
- Work in partnership to reduce the harm caused by alcohol and provide services to support harmful and hazardous drinkers.
- Promote awareness of the issues around alcohol and substance misuse recognising that young people will always take risks, but helping them to make positive choices.
- Target teenage pregnancy prevention work in hotspot wards and wards where teenage pregnancy rates are rising.
- Expand programmes to combat unwanted conceptions by developing specific initiatives to raise girls' self-esteem and boys' awareness of their responsibilities.
- Further promote good sexual health through high quality sex and relationships education in schools.
- Work with parents to give them the knowledge and skills to enable them to talk to their children about sex and relationships issues
- Work with partners to prevent childhood obesity by supporting healthy eating and physical activity.
- Continue to improve MMR vaccination rates to reach 95% in order to provide 'herd immunity' to protect those who cannot be vaccinated for medical reasons.

## **Burden of Ill-Health**

- Continue to work to reduce the risk of factors of low birthweight and infant mortality including smoking in pregnancy
- Promote a safer city through the delivery of outstanding, integrated services by: embedding new ways of working, especially the Common Assessment Framework and the YorOK Child Index.

## **Client Groups**

- Develop further the multi-agency co-located transition team with children with disabilities and strengthen multi agency working in the implementation of the York Charter for Disabled Children.

- Ensure the Aiming High for Disabled Children “Core Offer” is at the heart of our strategy to develop services for disabled children in York.
- Bring integrated health services closer to local communities through the implementation of the local response to the Bercow Report.
- Continue to prioritise Short Breaks for disabled children and their families.
- Contribute to the delivery of the ‘Our Promise’ to ensure that the multi agency focus on improving outcomes for children with disabilities is sustained
- Promote the emotional health of children and young people through the implementation and evaluation of the Targeted Mental Health Programme
- Work towards a whole family approach in protecting young carers from inappropriate caring.
- Work across the health and education sectors to increase awareness of methods to avoid pregnancy and sexually transmitted infections.
- Provide accessible, local screening facilities to reduce the impact and onward spread of sexually transmitted diseases.
- Work in partnership to increase support and choice during pregnancy and in the postnatal period.